

Lawys Athletic Association **COVID-19 Health and Safety Plan**

Laurys Athletic Association (LAA) will follow CDC recommendations, State Guidelines, County Guidelines and League Guidelines while participating in youth sports. LAA reserves the right to change the below guidelines if needed to match those of the above entities.

Facilities

LAA at 5290 Egypt Rd, Laurys Station, PA.

- The LAA concession stand will be open during the Spring 2021 season. Volunteers/staff will wear masks and gloves when preparing and serving food.
- Port-a-potties are cleaned by a third-party agency and are not the responsibility of the LAA.
- Clubhouses and Equipment Sheds shall be closed to all apart from managers and coaches.

Cleaning Protocols

Cleaning supplies will be available by the LAA following the CDC guidelines for the type of mixture and solutions. These supplies shall be stored and tracked by the LAA President or Designee in an effort to make sure we have adequate supplies for the season. LAA will make available disinfecting sprays, rubber gloves, and face protection for those cleaning at the beginning and end of each event.

Attendance Policy

As per the CDC and State of Pennsylvania guidelines, No Person or Persons who is deemed to have an underlying medical condition shall participate as a player or volunteer, as defined by the <u>CDC website</u>

In an effort to protect the league and players safety, all players, guardians, and volunteers shall agree to a waiver stating that said player or volunteer falls outside these categories and should there be a change of their status they will notify the COVID 19 LAA President or Designee as soon as possible.

LAA reserves the right to ask a spectator to leave the premises if they exhibit any symptoms. We request all spectators follow the above LAA COVID-19 Screening Tool as well prior to coming to any practice, game, or event.

In the event that a player, coach, or volunteer gets sick, they must remove themselves from our facilities and are not able to return until they are able to pass the LAA COVID-19 Screening Tool and/or proper documentation has been provided. If they present any symptoms of COVID-19, they shall remove themselves from our facilities and provide written medical clearance from their doctor and league officials must be informed prior to returning to play.

General Guidelines

- Team gear shall not be shared under any circumstances.
 - Each player must have their own equipment, including, but not limited to: glove, face-covering, bat, helmet, catching equipment, water bottle, sports bag.
- Coaches will be required to ensure there is hand sanitizer available to players and coaches.
 - Coaches and players shall use hand sanitizer before exiting / entering the dugout, and regularly / as needed throughout practice / games.
- All players, coaches, and volunteers must provide their own drink at all times. There is no sharing of water bottles.
- No food sharing. No gum, No seeds.
- No spitting.
- No huddles, handshakes, or high-fives are permitted at any time.
- It is recommended that players bring their own bottle of hand sanitizer and use it regularly throughout practice and games.

Practice Responsibilities/ Guidelines

Practice responsibilities/ guidelines will be followed for any team using LAA fields.

- Only coaches and players may be on the infield and outfield during practice and games.
- Spectators must wear face-coverings at all times.
- Spectators may watch practice from the outfield fence.
- At drop off, prior to being permitted to practice, a parent and or guardian must have their child complete the LAA COVID-19 Screening Tool.

Coaches

- Coaches must wear a mask in the dugouts and on the field when in close proximity (< 6 feet) to players or other coaches.
- Coaches must complete the LAA COVID-19 Screening Tool prior to practice.
- Social distancing (of 6+ feet) shall be maintained to the best of your ability.
- Coaches shall dismiss players in smaller groups during events such as water breaks and end of practice.

Players

- Players are to wear face-coverings when social distancing is not possible. Face-coverings must be worn in the dugout.
- Face-coverings are recommended, but not required, on the field or while batting.
- Personal equipment shall not be shared under any circumstances. All equipment must be kept in sports bag at all times when not in use.
- Everyone must bring their own drink. NO sharing of drinks or food is allowed outside of households. NO gum or seeds are allowed
- Baseball bags will be hung/stored at 6' intervals.
- Players are responsible for their own belongings. What they bring in, they take out.

Practice Responsibilities/ Guidelines

LAA players, coaches, spectators, and volunteers will adhere to home field guidelines if different than LAA guidelines.

Coaches

- Coaches must wear a face-covering in the dugouts and on the field when in close proximity (< 6 feet) to players or other coaches. 1st and 3rd base coaches may remove their masks as long as they are in the coaching box.
- Coaches must complete the LAA COVID-19 Screening Tool prior to each game.
- Social distancing (of 6+ feet) shall be maintained to the best of your ability. Both on the field and not on the field.
 - LAA will utilize the bleachers as additional seating for players to help with social distancing.
 - LAA will have 1 volunteer in the dugout to ensure all players are practicing social distancing when not on the field.
- Will ensure players do not crowd when coming off the field, will ensure all entryways into the dugout are used when possible.

Players

- Players are to wear face-coverings when social distancing is not possible. Face-coverings must be worn in the dugout.
- Face-coverings are recommended, but not required, on the field or while batting.
- Players must complete the LAA COVID-19 Screening Tool prior to the game.
- Personal equipment shall not be shared under any circumstances. All equipment must be kept in a sports bag at all times when not in use.
- Everyone must bring their own drink. NO sharing of drinks is allowed outside of households.NO gum or seeds are allowed
- Baseball bags will be hung/stored at 6' intervals.
- Players are responsible for their own belongings. What they bring in, they take out.
- Players must wear face-coverings at all times.

Spectators

- All spectators will remain clear of the dugout at all times.
- Spectators must wear face-coverings at all times.
- Spectators will be required to sit in designated areas, on the outside perimeter of the field during the game. Spectators will not be permitted on any bleachers; they will need to supply their own chairs or blanket. Spectators may watch games from the outfield 1st or 3rd baselines, or behind the outfield fence. The exception would be if there was an injury and a parent/guardian is needed.

I have read and understand the above LAA Guidelines for COVID-19 Safety and agree to follow set forth guidelines. I understand that if parent, player, coach, or volunteer fail to abide by set guidelines we forfeit our right to play for LAA for the remainder of the season. I understand that guidelines may change as needed to stay in accordance with CDC guidelines, States Guidelines, County Guidelines, and League Guidelines.

Laurys Athletic Association COVID-19 Screening Tool

Coaches, players, and volunteers are required to complete the following self-check prior to participating in any LAA practice, game, or event.

(1) Did you wash your hands or use alcohol-based hand sanitizer Before practice or game? Yes

No - Please wash your hands or use hand sanitizer

(2) Are you currently experiencing any of the following symptoms:

Column A	Column B
1 or more symptoms	2 or more symptoms
 Fever / Chills * Temperature greater than 100.4 under age of 18 Temperature greater than 100.0 over age of 18 * Take your temperature using the provided thermometer Shortness of Breath or Trouble Breathing New or Worsening Dry Cough New loss of taste or smell Have a household member or close contact who has been diagnosed with COVID-19 in the past 14 days 	 Fatigue Muscle or body aches Headache Sore throat Congestion or runny nose Nausea or vomiting Diarrhea Chest discomfort

If you answered <u>YES</u> to any of the symptoms in <u>Column A</u> - OR - 2 or more symptoms in <u>Column B - You are RESTRICTED from participating in any LAA practice, game, or event.</u>

If you <u>DID NOT answer YES</u> to any of the symptoms in <u>Column A</u> - OR - 2 or more symptoms in <u>Column B - You are PERMITTED to participate in LAA practice, game, or event.</u>

A player or coach who tests positive for COVID-19, must notify the LAA President (president@laurysaa.com)